**Directions to the Resolution Run 5K**

- **From North or South**
  - US 206 to Route 514 West (Amwell Rd). (Texaco on one corner, Shop Rite on other.)
  - Amwell Rd to 3rd traffic light (Beekman Rd). Turn right.
  - At Ist light, turn left-parking lot is on right. Parking is free, plentiful & close to start.

- **From East or West**
  - Take Route 514 to Beekman Rd. Turn North, then left at Ist light, Parking lot on right.
  - At Ist light, turn left-parking lot is on right. Parking is free, plentiful & close to start.
  - Amwell Rd to 3rd traffic light (Beekman Rd), turn right.
  - US 206 to Route 514 West (Amwell Rd), (Texaco on one corner, Shop Rite on other.)

**REGISTER ONLINE FOR $5.00 LESS**

Online through December 2, 2002, the fee is only $17. USATF-NJ members and 18 & under just $15.

Online December 3, 2002 thru December 25, 2002, the fee is $20. No discounts apply.

Mail registration postmarked thru November 30, 2002 is $22. USATF-NJ members and 18 & under $20.

Mail registration postmarked December 2, 2002 thru December 21, 2002 is $25. No discounts apply.

Online registration helps us keep total costs down. It benefits you with instant confirmation and saves you time, money and hassle. Most public libraries can help you with the registration process.

www.active.com or www.resolutionrun.org

**WHAT IS THE RESOLUTION RUN 5K?**

It's a fun way to start off the New Year and affirm your fitness commitment from day #1. It's a flat, 3.1 mile run or walk perfect for all! It starts at 11:00 am New Year's Day, so you can still enjoy New Year's Eve. And, you'll get a warm, long sleeve sweatshirt!

Join us on January 1, 2003 to welcome the New Year in fitness!

**WHO BENEFITS FROM THIS EVENT?**

Proceeds will be donated to Hillsborough’s Project Graduation 2003 and several local pet-friendly groups. Project Graduation provides the High School graduating class with a high-spirited, all night drug free and alcohol free celebration of life immediately following the June graduation. A portion of the proceeds will also be donated to several local non-profit groups involved in the humane caring and adoption of abandoned, homeless or otherwise unwanted pets. See our website for additional details.

**THE RESOLUTION RUN 5K IS WALKER FRIENDLY, TOO!!**
The Resolution Run 5K takes place on Wednesday, January 1, 2003 at 11:00 am (so you can sleep late!). Check-in starts at 9:30 am at the Hillsborough Municipal Building.

The Sweatshirt

You'll receive our quality, custom-designed long sleeve “Resolution Run Sweatshirt.” It’ll keep you warm all winter!

Awards

We have lots of awards for you! 1st, 2nd and 3rd overall female/male; 1st Masters (40+) female/male; and 1st, 2nd and 3rd in five age groups (Under 15, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+).

The Resolution Run Clock

Overall (1st, 2nd, 3rd) and Age Group (1st only) will receive our limited edition “Resolution Run Clock” to keep you on time all year long.

Scoring

Placings will be available before the awards ceremony. Full results will be posted on our website and at www.municipscore.com. Individual postcard results will be mailed.

More Information

Need more information? You’ll find it all at our informative site, www.resolutionrun.org. Email us: resolutionrun@3athlete.net. You can also call us toll free at 877-342-4633 and leave a message.

Yes, I want to become a Sponsor!

It’s easy. Just check our website for details or call us directly. We love our Sponsors!

Walker Friendly!

Your choice! You can race, run, jog or walk our 3.1 mile course. Start your New Year’s Day with your family, your friends, and your neighbors.

Special Finisher’s Bonus!

“Finisher’s Only” will receive a NJ Instant Lottery Ticket, “Frosty Doubler,” that could be worth up to $2,000. That’s a great way to start your New Year!

The Course

The 5K, USA Track and Field-NJ certified loop course starts and ends at the Hillsborough Municipal Building. It’s “flat and fast” and certified for USATF-NJ Grand Prix points in the 2003 USA-NJ competition. After the race, we’ll have refreshments for you.

This race will close when full.

No Race Day Registration

Easy, fast and secure online registration is available 24 hours a day through our website or at www.active.com. No Race Day Registration!

Your 2003 Resolution

(Please PRINT all information)

Last Name: ________________________ First Name:_____________________ Birth date (mm/dd/yy) ____________ Age (on race day)______ SEX ______

Address:________________________________________City:_______________________State:________Zip:___________Phone:_____________________

Email address (So we can leave a message for you): ___________________________________________________________

Sweatshirt Size (Circle One): M L XL USATF-NJ #:__________________________________(optional, required for NB NJ Grand Prix pts. Use 2002 or 2003 no.)

MAIL FEES: $22.00 (Postmarked no later than November 30, 2002. Fee is $20.00 if USATF-NJ member or youth 18 and under.)

$25.00 (Postmarked December 2 through December 21, 2002. No discounts apply.)

Your 2003 Resolution (Optional. We may read this on Raceday!)

I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, road conditions, and other participants. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for my all liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the entry fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event. I confirm here that I am at least 18 years of age or have had this release signed by my guardian if I am not 18 years of age.

MAKE CHECKS OUT TO: RESOLUTION RUN 5K MAIL TO: PO BOX 5853, Hillsborough, NJ 08844

Participant Signature or Parent/Guardian (if under age 18) ___________________________________________________________________________ 

Date ___________________________________________________________________________ 

AMOUNT ENCLOSED: ___________________