2013

30th Annual Winter Race Series

5K held on Five Consecutive Sundays in January & February

1/06, 1/13, 1/20, 1/27 and 2/03, 2013

5K Starts at 10 A.M.

Michael J. Tighe Park, Georgia Road, Freehold Township

Come race the best winter series in New Jersey, indoor facilities, soup and refreshments for all.

We must prohibit *Strollers/baby joggers, Head Phones, Dogs and Runners in Costumes* in the Race. Head Phones are prohibited as runner will not hear directions from the race staff. Strollers/baby jobbers & Dogs at a race may be a hazard to runners, children and spectators. We also cannot have runners in costumes as this is a hazard to other runners and a safety issue. The RRCA and our insurance company will not cover these situations. We appreciate your compliance

*** No Pre Registration Required, Race Day Sign Up Only ***

Entry Fee: 5K - $5.00 FARC Members - $3.00 High School & College Students $3.00

BIB #: _____

Name: _____Age:_____ M_____ F_____ Run Walk CLYD
print **(Circle one)**

Address:_____City: _____State: _____

Zip:_____Phone #: _____E-Mail:_____

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work a race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and or humidity, the conditions of the road and traffic on the road, all such risk being know and appreciated by me. Having read this waiver and knowing these acts, and in consideration of your acceptance of my application for membership of myself and anyone entitled to act on my behalf, waiver and release the ROAD RUNNERS CLUB OF AMERICA and the FREEHOLD AREA RUNNING LCUB and all sponsors, their representatives successors from all claims of liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons names in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other records of this event for any innate purpose.

Signature: _____ **Date:** _____

Parent Signature (if under 18): _____ **Date:** _____

***** For information visit our web site at – www.farcnj.com *****