

34th ANNUAL

# BORN TO RUN

## 5 MILE RACE FREEHOLD NJ



### RUN LIKE A BOSS

## FREEHOLD AREA RUNNING CLUB

# NOVEMBER 29, 2019

### 11:00 a.m. the day after Thanksgiving

## FIGHT HUNGER IN YOUR HOMETOWN

### Benefits the Freehold Open Door Food Pantry

T-Shirt, Bandana, Finisher Medal, Kids Races, Vendor Expo, Raffles

[www.BTR5M.com](http://www.BTR5M.com)

### REGISTRATION & INFORMATION

- Postmarked by September 30 .....\$27.00
- Postmarked by October 25 .....\$30.00
- Postmarked by November 20 .....\$35.00
- Postmarked after November 20 .....\$40.00

### FARC Members Preregistration Only

- Postmarked by November 20 .....\$25.00

### Post Registration

- Postmarked after November 20.....\$40.00

1 Mile Kids Race (7-14 years old).....\$10.00

**Kids Dash (6 years and under) .....FREE**

Race T-shirt to all 5 Mile Entrants  
Medals to all Finishers  
and Kids Race Participants

Awards: Top 3 overall male and female; Top 3 male and female in the following age categories 14 - under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ Top 3 male & female Race Walkers

**NO DUPLICATE AWARDS**

### Make Check Payable To: FARC

**Mail Check To FARC: c/o Isabel Lewis, 1407 Susan Lane, Point Pleasant, NJ 08742**

**All entry fees are nonrefundable, No deferrals**

**Due to safety concerns we must prohibit Strollers, Head Phones, Dogs and Runners in Costumes in the race.**

TO REGISTER GO TO [BTR5M.com](http://BTR5M.com) or [RunSignUp.com](http://RunSignUp.com)

USATF Certified Course # NJ14032LMB

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F Run / Race Walk / Kids Race  
(on race day) (Circle one) (Circle one)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_ Shirt Size (circle one): S M L XL  
5 Mile Only

E-Mail Address: \_\_\_\_\_

Release: I, the undersigned, do hereby knowingly discharge and release: The Township of Freehold, The Boro of Freehold, their departments and employees, The Freehold Area Running Club, the CPL Reynolds Detachment Marine Corps League, Lake Topanemus Commission, The Court Jester & Downtown Freehold, sponsors and all volunteers from any and all claims arising out of participation in the event. Further, I represent that I have trained for the event and I am physically able to participate in said event. I further agree to permit the race organizers and sponsors to use any photographs taken in conjunction with the event for publicity purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

For Information Visit our website [www.BTR5M.com](http://www.BTR5M.com) or [www.farcnj.com](http://www.farcnj.com)

