

The Freehold Area Running Club

Presents the 31<sup>st</sup> Annual

# Born to Run

## Five Mile Race

### This event will benefit the Open Door Food Pantry

Conveniently held 11:00 a.m. Friday, November 25, 2016 the day after Thanksgiving

Registration Begins 9:00 a.m.

at the Freehold Fire House, 51 W. Main St, Freehold, NJ 07728.

*Includes the Famous Born to Run Shirt*

*Course Loops Through Scenic Topanemus Park*

*Court Jester Refreshments; plus bagels, fruit, donuts & soda*

Make Check Payable & Mail To:  
Freehold Area Running Club,  
1407 Susan Lane, Point Pleasant New Jersey 08742

On line with 

**USATF Certified Course # NJ14032LMB**

Registration:  
Pre-Registration: Post Marked by Monday  
November 21<sup>st</sup> ..... \$ 30.00  
FARC Members Pre Only: ..... \$ 25.00  
Post-Registration Shirt While They Last \$ 35.00

Awards:  
Top Overall 3 Male & Female Finishers  
Top 3 in Age Groups - 14 & Under, 15-19, 20-29,  
30-39, 40-49, 50-59, 60-69, 70 -79 & 80 +  
Top Overall Male & Female RaceWalkers

If the male or female winner (or both) breaks the course record he or she will earn \$100.  
Course Records: Male, Kevin Kelly, (1997) 24:45 Female, Kaitlin Kellner, (2014) 27:43 (new record)

Make Check Payable & Mail To: Freehold Area Running Club, 1407 Susan Lane Point Pleasant, New Jersey 08742  
All entry fees non-refundable:

**We must prohibit Strollers, Head Phones, Dogs and Runners in Costumes in the Race. The RRCA and our insurance company will not cover these situations. We Thank You and appreciate your compliance.**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M \_\_\_ F \_\_\_ Run, RaceWalker  
(Circle one)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_ Shirt Size (circle one): S M L XL

E-Mail Address: \_\_\_\_\_

Release: I, the undersigned, do hereby knowingly discharge and release: The Township of Freehold, The Boro of Freehold, their departments and employees, The Freehold Area Running Club, the CPL Reynolds Detachment Marine Corps League, Lake Topanemus Commission, The Court Jester & Freehold Partnership, sponsors and all volunteers from any and all claims arising out of participation in the event. Further, I represent that I have trained for the event and I am physically able to participate in said event. I further agree to permit the race organizers and sponsors to use any photographs taken in conjunction with the event for publicity purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**For Information Visit our website [www.farcnj.com](http://www.farcnj.com)**