



**Freehold Area Running Club's**  
 28<sup>th</sup> Annual  
**Toys For Tots 5K**  
 Sunday, December 11<sup>th</sup>, 2016 10:00AM



Michael Tighe Park, Georgia Road,  
 Freehold Township

**Benefits the Annual Toys for Tots Marine  
 Corps Drive**

USATF Certified Course.  
 #NJ14033LMB

**HEATED INDOOR FACILITY, BIG HOLIDAY CHEER BRUNCH PARTY**

**Course Loops through Tighe Park,**

**Registration:** Pre-Registration (post marked by Wednesday 12/7/16) - **\$10.00** plus a new unwrapped toy  
 Valued at approximately \$10-\$15.00 (brought race day) or **\$20.00** shirts guaranteed to all pre-registered

**Post Registration** - \$15.00 plus a new unwrapped toy valued at approximately  
 \$10-\$15.00 (brought race day) or **\$25.00** All entry fees non-refundable:

**\*\* All toys donated to the Marine Corps Toys for Tots Drive \*\***

**Awards:** Top 3 overall male and female; Top 3 male and female in the following age categories 14- under, 15-19,  
 20-29, 30-39, 40-44, 45-49, 50-54, 55-59, 60-69,70-79, 80 +, Top 3 male and female Race-Walkers.

We must prohibit Strollers, Ear buds, Head Phones, Dogs and Runners in Costumes in the Race. Head Phones/Ear Buds are prohibited as runner will not hear directions from the race staff. Strollers & Dogs at a race may be a hazard to runners, children and spectators. We also cannot have runners in costumes as this is a hazard to other runners and a safety issue. The RRCA and our insurance company will not cover these situations. We appreciate your compliance.

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Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ Circle One: Runner or Walker

City: \_\_\_\_\_ State: \_\_\_\_\_ Circle One: Size: S M L or XL

Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_ Pre-Entry Fee: \_\_\_\_\_ Toy: Yes or No

E-Mail: \_\_\_\_\_

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work a race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and or humidity, the conditions of the road and traffic on the road, all such risk being know and appreciated by me. Having read this waiver and knowing these acts, and in consideration of your acceptance of my application for membership of myself and anyone entitled to act on my behalf, waiver and release the Road Runners Club of America and the Freehold Area Running Club and all sponsors, their representatives successors from all claims of liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons names in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other records of this event for any innate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (if under 18): \_\_\_\_\_ Date: \_\_\_\_\_

**Make Check Payable to Freehold Area Running Club & Mail to 1407 Susan Lane Point Pleasant NJ 08742**

For information visit <http://www.farcnj.com/>