



# Summer 5K Race Series

June 20, 2018—August 1, 2018  
Registration starts at 5:45 pm  
**5K starts at 6:45 pm**

MONMOUTH BATTLEFIELD STATE PARK, MANALAPAN  
On site registration only

Come run the trails of Monmouth Battlefield State Park, Mile Splits for the 5K With a Half Mile Run and a Mile Run (for ages 8 and up) Start approx. at 6:20 p.m.

### AWARDS

- Top 3 Male and Female Overall
- Top 3 Male and Female in Numerous Age Groups
- Top 3 Male and Female Race Walkers
- No duplicate awards

Entry Fee: 5K .....	\$5.00
FARC members .....	\$3.00
Students 22 and under .....	\$3.00
Mile and Half Mile (per race) .....	\$2.00
Both Mile and Half Mile (8 & up).....	\$3.00

**RACE DATES: Every Wednesday night for the following dates**  
**June 20 • June 27 • July 11 • July 18 • July 25 • August 1**

*We must prohibit Strollers, Head Phones, Dogs and Runners in Costumes in the Race.*

## Come join FARC for a Summer of Fun, Running and Walking

For our 36th Year of Great Running  
Visit our website: [www.farcnj.com](http://www.farcnj.com) for results and club information





# Kids' Summer Nights Running Series

June 20, 2018—August 1, 2018

Registration starts at 5:30 pm

Races start at 6:00 pm

MONMOUTH BATTLEFIELD STATE PARK, MANALAPAN

25 yard "Toddler Trot" ..... 18 Months to 3 years

50 Yard Dash ..... 4 Years & Up

Monmouth Battlefield "100 Yard Charge" .... 5 Years & Up

Ribbons and Ice Pops to all finishers • T-shirts to kids who pre enter series

FEE: \$2.00 *or* all six weeks for \$12.00 (must register first night of series)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Shirt Size: \_\_\_\_\_  
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## RACE DATES: Every Wednesday night for the following dates

On Site Registration Only		
June 20 _____	July 11 _____	July 25 _____
June 27 _____	July 18 _____	August 1 _____
		All 6 Races _____

### Make checks payable to the Freehold Area Running Club

Release: I, the undersigned, do hereby knowingly discharge and release: State of New Jersey, Department of Environmental Protection, The Township of Freehold, their departments and employees, The Freehold Area Running Club, the sponsors and all volunteers from any and all claims arising out of participation in the event. Further, I represent that I have trained for the event and I am physically able to participate in said event. I further agree to permit the race organizers and sponsors to use any photographs taken in conjunction with the event for publicity purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature : \_\_\_\_\_ Date: \_\_\_\_\_

